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CLARKE UNIVERSITY

Courier

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Clarke to implement environmental studies major in fall 2015

By Joe Arms
Staff Writer

Winters are becoming more unbearable, summers increasingly excruciating, and temperatures seem to change drastically from one week to the next. The science behind these phenomena has become even more crucial. In response, Clarke University will be providing courses for an environmental studies major, starting in the fall of 2015.

The field of environmental science has become increasingly more valued as climate change has become more accepted around the world.

"As the population of the Earth grows, it is more important than ever that we be good stewards of the environment," Clarke associate professor of biology Andrea Bixler said.

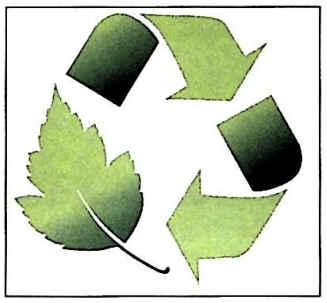

Photo: google images.

Clarke will introduce its new environmental studies major in the fall.

"The manner in which we use the Earth's resources affects our quality of life — both short term and long-term," Bixler added.

Part of Clarke's strategic plan is to respond to the momentum in sciences brought about by recent events. It is hoped that the implementation of this new program will be one of many successes in combatting environmental challenges.

Environmental studies will be an interdisciplinary program focusing on using the natural sciences, social sciences and humanities.

All students in Clarke's new program will take basic biology, chemistry, economics and sociology, but then students will chose an emphasis in the natural sciences, social sciences, humanities or business and professional programs.

Courses in the major will include Introduction to Environmental Studies, Environmental Biology, and Environment and Society. The major will include service learning or other community-based experiences that will help prepare students for an internship.

According to the U.S. Bureau of Labor Statistics, environmental scientists and specialists will see job growth of 15 percent from 2012 to 2022.

Some of the jobs available for those with a bachelor's degree in environmental studies include botanist, ecologist, forest ranger, air and water quality manager, environmental educator, geologist, environmental scientist, natural resource specialist, wildlife manager, conservationist and sustainability coordinator.

"Programs like this equip our young leaders with the skills and knowledge they need to create more sustainable businesses and communities in the future," Dubuque's sustainable community coordinator Cori Burbach said.

"This is another opportunity for Clarke students to be competitive in a growing professional field."

and the winners are....

Mr. Clarke Guy
John Sturtz, Junior Secondary Education/Mathematics

Activities/Hobbies:
Math Club President, Playmakers Secretary, Junior Class Vice President, Track and Field, Resident Assistant.
Role Model
His Mom—Mary Jane Sturtz.
Fun Fact:
He knows Kung Fu and several other cool-sounding sports.
Talent:
Singing "Tribute" by TENACIOUS D.

Most Spirit
Dakota Lovell, Freshman
Pre-Chiropractic

Activities/Hobbies:
Hunting, sports, movies.
Role Model:
Scotty McCreery.
Fun Fact:
He can memorize movies and songs after watching or hearing them only a few times.
Talent:
Singing "Follow Me" by Uncle Kracker.

Best Dressed
Joshua Harbaugh, Sophomore
Psychology/Music

Activities/Hobbies:
Jamming with my RA, John Sturtz.
Role Model:
Old people in general.
Fun Fact:
I can bend my fingers all the way back.
Talent:
Singing "Gravity" by John Mayer.

CAMPUS LIFE

Illuminations

Joseph Arms
Staff Writer

There is a quote from Bil Keane, an American cartoonist: "Yesterday is history, tomorrow is a mystery, today is a gift of God, which is why we call it the present." I believe the attraction I have for this quote lies somewhere in the fact that I attempt to live my life with this philosophy.

However, it sometimes leads me to forget about history (Sorry, Lynne Niznik) and to overlook future assignments (Sorry every professor I have had, currently have, or am going to have). Yet, I think living by this saying has provided me with a higher quality of life. It's given me focus. I'm very grateful for this because the most extraordinary happenings are happening now.

I was walking along the path in front of EKH earlier, a path I've traveled many times before, yet, I was surprised to notice the sign that read, "Clarke College Est. 1843." Instantaneously, I felt part of Clarke's past, present, and future simultaneously.

A very significant part of Clarke's history is the 1984 fire. I tried to imagine how bleak the future must have seemed for the people at that time. Then, suddenly, I felt overwhelmed with empowerment, the realization that I am a part of the past Clarke community's hopes and dreams of the future, as well as are everyone of you who are reading these words.

This epiphany created a sort of transcendental sense of community that I've never felt before. Courageous souls of the past provided a future for Clarke. Now that they have provided for my present, I feel responsible to gift future Clarke Crusaders with a present of their own. I will strive to do the things that will create an impact, and although I do not know what the future will bring, it's comforting to know that I can look to the past to help guide my decisions in the present.

Dogs helps ease stress of campus life

Elizabeth Palmer
Staff Writer

Every Wednesday from 3 to 4 p.m. you can visit the Mary Josita Hall lobby at the Pet Therapy Desk to interact with a pet.

"All of the dogs are pre-approved and are very friendly," said Chris Weber, a senior psychology major. Weber is the Counseling Services Assistant and maintains the program.

Lorie Murphy-Freebolin, a counselor in the Counseling Center, is a resource for information about the program and becoming involved.

Students can stay the entire hour and pet the dogs or just walk by and interact with them in the lobby.

"I never had any pets growing up so I like coming here. I've been here every week so far," said Lily Rottinghaus sophomore theatre major.

"They're really lively and good family animals," said Miles Breed, Director of Dining Services, about Indi and Kora, his two German Shepherds who take part in the program.

"It reminds me of my own dog back home, so I like coming here to have a smile put on my face," said Brenna Burgart, sophomore psychology major.

"This is a good experience for students; it gives them a break from their studies and we all win," said Breed.

photo: Elizabeth Palmer

Clarke students interact with dogs owned by faculty and staff during a Wednesday weekly Pet Therapy session in Mary Jo lobby.

Surrounding baby Clark, son of Clarke profs Anna Kelley and Bryan Zygmont, are, from left, Clarke students Fernanda Carrasco, Preston Kopp, Grace Molony, Olivia Petrillo, and Delaney Borst.

Campus adopts profs' new baby

Melissa Hosch
Staff Writer

Learning to balance work and family is not an easy task as Clarke professors Bryan Zygmont and Anna Kelley can attest. With the recent addition of their new baby boy, Clark, or "Lugnut," as they affectionately call him, they have had to relearn how to balance their lives.

Like all babies, Clark has an unpredictable schedule, and as new parents, Bryan and Anna strive to put their baby's needs first. Whether that requires skipping meals or just being there with him when he's awake, they work to accomplish that goal.

Both strive to get as much of their school work done on campus as possible so that at home, they can be there and present with Clark.

Anna, who teaches literature and creative writing, says she has learned to accept the support of those around her.

She explains that when she first came to Clarke, her mother had recently passed away, and while others tried to offer her support, she resisted because she wanted to keep herself busy and to keep her personal life from affecting her work life. But she has come to realize just how much she does need help and support. "It's not all on me," she says." I don't have it all figured out."

Anna adds that here at Clarke "students are willing to jump in and help out. I know it's more about spending time with a cute baby than giving me time to get some work done, but I'm grateful no matter the reason!"

Bryan, who teaches art history, also stresses the way the Clarke community has embraced Clark. "It's delightful to watch," he says.

"It reaffirms what a wonderful community this is. I've got dozen of photos of him being held by students. It's like he's a mascot."

While taking care of the new baby is their most important priority, Anna maintains that it's still important for her and Bryan to make time for themselves. "It's about finding balance," she says. "Otherwise it becomes too stressful."

She adds that although having a child "does change your life, it doesn't do so in bad ways. We can still do what we enjoyed as a couple, but now we can do it as a family."

Happy Homecoming 2014 Clarke Crusaders & Alums

CLARKE UNIVERSITY
Courier

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The Courier is a student-produced newspaper for the Clarke community. Opinions expressed herein do not necessarily reflect the opinions for the faculty, staff or administration of the college. The Courier welcomes input from members of the Clarke Community. Please send comments to MS 1801. Clarke University Letters must be signed and may be edited for content and length.

SPORTS

Athletes cling to rituals

Kevin Murphy
Sports Editor

Juan Munoz, junior pitcher for the Clarke baseball team, has an odd routine before games; he eats six mini chocolate donuts before each game for good luck.

"I started eating donuts before games when I was a junior in high school. I did it once and I had a good game so I have been doing it ever since," said Juan.

When athletes have a great game, they think about what they did that day that worked for them and try to repeat what they did for the next game. These superstitions are very common in athletes and give them confidence when they compete.

In Major League Baseball, Justin Verlander, starting pitcher for the Detroit Tigers, used to have the same meal from Taco Bell before every game that he started. His meal included three crunchy Taco Supremes (no tomato), a Cheesy Gordita Crunch and a Mexican pizza (no tomato). When he was in a slump, he stopped having this pregame meal and mixed it up.

One of the greatest basketball players of all time, Michael Jordan, would wear his college shorts from the University of North Carolina under his Chicago Bulls shorts every game for good luck.

Former NBA player Mike Bibby, would clip his fingernails on the bench during games. Jason Terry, another former NBA player, would wear the shorts of the opposing team to bed the night before a game.

Many of these superstitions or rituals may seem odd or even ridiculous. However, there are also more normal rituals athletes do before they go to bat or shoot a free throw that have to do with maintaining a routine or improving motor and cognitive skills.

Our own athletes at Clarke have some of their own superstitions or rituals before or during games. Gabe Wingert, senior catcher on the Clarke baseball team, wears a sweatband every game. If Clarke wins, he keeps wearing that same band, but if they lose, he changes to a different one.

Stephanie Aasen, senior secondary education and math major and guard on the women's basketball team, puts her left sock on before her right before games and does the same with her ankle braces.

During the National Anthem Aasen always has to be standing in the middle of the free throw line.

Some team rituals of the women on the women's volleyball team include praying before every game. performing them, they feel in control.

"Rituals provide mental comfort to the person, and performing them, they feel in control. But there is no physical proof that the ritual does anything other than keep them mentally happy and comfortable," said senior psychology and Spanish major Corrin Larkin, a setter on the volleyball team

When an athlete doesn't do his or her usual routine, it could have an effect on the player's success on the field due to lack of confidence.

"Eating six donuts before every game kind of became just a superstition, and I don't really know that it gives me good luck; it is just a ritual," said Juan.

Sports Update

Jayson Hinrichsen
Staff Writer

Men's and Woman's Bowling

Both men's and women's bowling teams had great showings at the Midwest Collegiate Bowling Championships. The men finished 19th and the women finished in 6th place. Up next for the Crusaders is the Sandhills Collegiate Classic in Lincoln, Neb. October 18-19.

Women's Volleyball

The women's volleyball team will continue to work on an outstanding season on October 14 against Mount Mercy University at home. The team is currently 14-9.

Men's and Women's Cross Country

Both men's and women's cross country teams will compete this Saturday, October 11 at the Fight Bee Invite in Bettendorf, Iowa.

Men's Soccer

The Clarke men's soccer team, which has started off a rough, somewhat disappointing season with a record so far of 4-8., will compete this Saturday, October 11 against AIB College of Business at 12 p.m. at home.

Clarke's Ellie Kosciuk, senior middle, goes up for a hit against St. Xavier University in Chicago.

HOMECOMING

October 10-12

2014 STUDENT SCHEDULE

FRIDAY, OCTOBER 10

6:30 p.m. Registration
7:30 p.m. Kehl Center, COSPT Glow Run
9 p.m. Lion's Den, Horror at Homecoming Murder Mystery

SATURDAY, OCTOBER 11

Noon - 4 p.m., Soccer Hill Tailgating: Food & Games
Noon, Soccer Field, Men's Soccer Game vs. AIB College of Business
1 p.m. Kehl Center, Men's Alumni Basketball Game
1 p.m. Veterans Memorial Park, Alumni Softball Game
1 p.m. AJ Spiegel Park, Alumni Baseball Game
2 p.m. Soccer Field, Women's Soccer vs. AIB
4 p.m. Jansen Music Hal,l Athletics Hall of Fame Ceremony
5 p.m. Clarke Dining Hall, Clarke Classic Cuisine
7 p.m. Kehl Center, Alumni VB
7:30 - 8:30 p.m. Jansen Music Hall. Pres. Scholarship Concert
9 p.m. - Midnight, Grand River Center Homecoming Dance

SUNDAY, OCTOBER 12

9 a.m. Lacoma Golf Course, Alumni Golf Tournament
10 - 11 a.m. Sacred Heart Chapel, Sunday Mass

2014 ALUMNI SCHEDULE

FRIDAY, OCTOBER 10

1-1:50 p.m. Sit in on a live class (rooms to be determined)
•ENGLISH 231: Literature of Diversity with Ann Pelelo, (FULL)
•BIOLOGY 101: Intro to Life Sciences with Melissa DeMotta
3 p.m. All Access Pass to Campus Wahlert Atrium, Choose what sights to see on this campus tour.
4:30-9 p.m. Golden Reception, Atrium, Dinner for the class of 1964 and previous golden reunion classes, awards presented to the 50th class.
5-7 p.m. River Cruise & Happy Hour, Catfish Charlie's, 1630 East 16th St. (sold out) Boarding at 5.
8-9 p.m. Welcome Celebration, Diamond Jo Casino, $15
9-midnight Clarke/Loras Reunion

SATURDAY, OCTOBER 11

9-11 a.m. Registration, Atrium
9 a.m. Class of 1959+ Coffee, Library Rare Book Room
9 a.m.- noon Terence Donaghoe Hall Open
10:30 a.m. - noon, Alumni Recognition Brunch, Dining Hall, $15 Advance reservations required.
Noon Men's soccer vs. AIB, Clarke Soccer Field
Noon - 4:30 p.m. USO scrapbook Tour Collection, Rose O'Toole
Noon - 4:30 p.m. Make an Impact on Clarke,Atrium
Noon - 5 p.m. Alumni Tent Party On the Hill, $10, Live music
12:30 - 4:30 p.m. Faculty Lecture Series, Atrium Conference Room: 12:30 to 1:25 p.m. "Psychology of Close Relationships," Kristin Wesner, Assistant Professor, Psychology
1:30 to 2:25 p.m. Campus Walking Tour of Class Trees, Norm Freund, Chair of Philosophy. Meet in Atrium Conference Room
2:30 to 3:25 p.m. "A Fulbright Adventure": Bryan Zygmont, Associate Professor of Art History: How six months in Poland changed Zygmont's Clarke world.
3:30 to 4:25 p.m. Social Media Marketing: Terry McGovern, DM Chair and Assistant Professor: "The Trends and Best Practices to Use in Social Media Marketing"
1 p.m. Alumni Softball Game, Veteran's Memorial Park (Field 2), 2700 Northview. Grill out with the Clarke team at noon
1 p.m. Alumni Baseball Game, AJ Spiegel Park, Peosta Community Pkwy, Peosta
1 p.m. Men's Alumni Basketball Game, Kehl Center
2 p.m.Women's soccer vs. AIB, Clarke Soccer Field
3-4:30 p.m Graphic Design Alumni Exhibit Reception, Quigley Gallery
4 p.m. Athletics Hall of Fame Ceremony, Jansen Music Hall
5-7:30 p.m. Classic Clarke Cuisine,Student Dining Hall, $10, Alumni and students.
7 p.m. Alumni VB, Kehl Center, Alums compete against the Clarke team. Warm-up at 6 p.m.
7:30 - 8:30 p.m. Scholarship Concert, Jansen Music Hall, $10
9-11 p.m. Downtown Saturday Night, Riverboat Lounge, Hotel Julien, and Mason Dixon, ending at Shot Tower with free pizza.

SUNDAY, OCTOBER 12

9-10 a.m. Alumni Chapel Choir Practice, Sacred Heart Chapel
9 a.m. Tee times begin, Alumni Golf Tournament Lacoma Golf Course, $50
10 a.m. Sunday Mass, Sacred Heart Chapel

EXTRAS

On the Street

Jayson Hinrichsen
Staff Writer

	Where is your favorite place to study?	What is your favorite time to study?	Would you rather study with friends or alone?	What advice about studying would you give freshmen?	Weirdest place you tried to study?
Maggie Dolan	At home	At night a few days before the test	Alone, so I can be more efficient	Don't do your work last minute.	Hotel room
Olivia Walde	The library	Between classes	Friends, so I can see their perspective	Be organized.	On my roof
Kairee Tekra	Anywhere	Right before the test	Alone, to get more done	Time Management	Vegas, in my hotel room
Evan Karre	At home	In the morning	Friends, so we can have a good time	Get your work done before the last day.	Hospital room visiting my friend

On Other Campuses

Jenica Rubner
Staff Writer

BYU Bans Beards

Brigham Young University implemented a new rule on its campus this year that has started a protest amongst students.

BYU banned beards except for medical reasons. The Mormon school has said beards are "slovenly" and has added the ban to a long list of rules such as a ban on alcohol consumption. Many students feel the rule is hypocritical as Brigham Young, the founder of the university, had a beard himself.

"It's nothing against beards. It's just how we choose to represent ourselves at the university," Carri Jenkins, the university spokesperson, told The Salt Lake Tribune. Roughly 50 protestors showed their disdain for the new rule with a "Bike for Beard" protest. Among them were students who biked, skateboarded, and rollerbladed from the Provo City Library back to the BYU campus.

"I love BYU. I love being a student here," protest organizer Shane Pittson said. "But the rule on beards I find particularly outdated."

—Huffingtonpost.com

Campus Luxury Craze

A recent article in the Huffington Post titled "5 College Amenities So Insane You'll Want to Go Back to School" highlights some of the craziest services and luxuries college campuses throughout the country offer their students.

It is thought that such outrageous luxuries are offered as a way to entice the brightest students. When choosing between two excellent schools, why not pick the one with a ski resort? College students can participate in recreational activities without even leaving the campus.

A ski resort at Michigan Technological Institution is just one example of the amenities on the list. It also includes a dairy bar at South Dakota State, which is said to have invented the flavor Cookies 'n Cream.

There is a lazy river and beach club at the University of Missouri and a private steak house at High Point University in North Carolina. Rounding out the list is an Advertures Outfitters on the Western Washington University Campus.

—Huffingtonpost.com

Prof Limits Email

Spring-Serenity Duvall, a communications professor, became annoyed with the amount of emails her students sent her that often included questions she answered in class.

"For years, student emails have been an assault on professors, sometimes with inappropriate informality, sometimes just simply not understanding that professors should not have to respond immediately," she said.

In her syllabus, Duvall directed students to only email her if it was about course content or if they wished to set up a meeting. She found this worked out much better for her and the students.

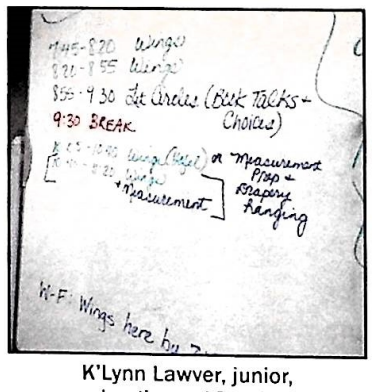
"There was a little part of me that was afraid that maybe they were keeping their thoughts to themselves, and they would slam me on the evaluations on how much they hated the policy," Duvall said.

To her surprise, the students actually gave her higher scores on their evaluations than they had in previous years.

—Slate.com

One last thing...

What is the last picture in your phone's camera roll?



K'Lynn Lawver, junior,
education and Spanish

"Just another day teaching and learning!"

Alison Trost, sophomore,
athletic training

"Just getting a piggy back ride from my best friend" (Jessica Henrichson)